

## **Level 2 Award in Supporting Climate-related Behaviour Change**

**June 2025**

**Guided Learning Hours: 7 hours**

**Total Qualification Time: 8 hours**

### **Description**

The objective of this qualification is to provide learners with the knowledge, confidence and skills to support individuals to consider and make changes to their behaviour, in order to take part in individual actions and community-based activities that have a positive impact on the climate and the climate emergency.

It will enable learners to understand the key features of the climate emergency and the measures and initiatives in place at a local, national and international level to address them. It will also help learners to understand the relationship between climate emergency and health and wellbeing, and opportunities to promote the importance of climate-related behaviour change. It will also support learners to work with individuals to explore, identify and make changes to their behaviour that can have a positive impact on both the climate and health and wellbeing.

This qualification is suitable for anyone who wants to support others to improve their impact on the climate and the climate emergency. This could include those in volunteer roles such as community champions, those employed in personalised care roles such as Health Coaches or Link Workers, or individuals who champion health and wellbeing in their workplace.

## **Contents**

	<b>Page</b>
Summary of learning outcomes	3
Progression	5
Assessment	5
Suggested reading	5
Useful websites	5
Centre guidance	5
Special assessment needs	5
Recommended qualifications and experience of tutors	6
Other information	6

# Understanding Climate-related Behaviour Change

Total Unit Time: 8 hours

Guided Learning: 7 hours

Unit Level: 2

Unit Number: USCBC1

## Summary of Learning Outcomes

To achieve this unit a candidate must:

- 1. Understand the key features of the climate emergency and its impact on health, *with reference to:***
  - 1.1 The causes of the climate emergency
  - 1.2 The definition of climate injustice
  - 1.3 Relationship between the climate emergency and health and wellbeing
  - 1.4 The actions that governments and other organisations are taking to address the climate emergency
  
- 2. Understand how effective communication can support the delivery of messages around climate-related behaviour change, *with reference to:***
  - 2.1 The communication skills that are effective in communicating messages around climate-related behaviour change
  - 2.2 Barriers to communication that may affect the understanding of messages around climate-related behaviour change and strategies for overcoming these
  - 2.3 The role of effective communication in the promotion of messages around climate-related behaviour change
  
- 3. Know how to promote climate-related behaviour change *with reference to:***
  - 3.1 Examples of individual actions that can support climate-related behaviour change
  - 3.2 Examples of community-based approaches to climate-related behaviour change
  - 3.3 The balance between individual action and community-based approaches
  - 3.4 How individuals can promote climate-related behaviour change
  - 3.5 Resources and services that can be used for promoting climate-related behaviour change

**4. Understand how to support individuals and communities to undertake climate-related behaviour change, *with reference to:***

- 4.1 How individuals can be encouraged to change their behaviour
- 4.2 How to engage with communities around collective changes to behaviour
- 4.3 Factors that may affect an individual's readiness for change
- 4.4 Factors that may affect a community's readiness for change
- 4.5 Positive and negative influences on behaviour change

Candidates successfully achieving this qualification will have knowledge and understanding of facts, procedures and ideas around the climate emergency to complete well-defined tasks and address straight-forward problems. They will be able to interpret relevant information and ideas and will be aware of a range of information that is relevant to this area.

## Progression

Learners who achieve this qualification can progress to other related RSPH qualifications such as:

RSPH Level 2 Award in Understanding Health Improvement

RSPH Level 2 Award in Improving the Public's Health

RSPH Level 2 Award in Supporting Behaviour Change

## Assessment

The knowledge and understanding of the candidates will be assessed by a multiple-choice examination of 25 questions to be completed in 40 minutes. The multiple choice examination is provided by RSPH. A candidate who is able to satisfy the learning outcomes will **achieve** a score of at least 17 out of 25 in the examination.

## Suggested Reading and Useful Websites

A list of suggested reading and useful websites can be found in the Centre Area of the Qualifications section of the RSPH web-site ([www.rsph.org.uk](http://www.rsph.org.uk)).

Centres should make this list available to learners, should they require it.

## Centre Guidance

How to apply to offer this qualification:

To become a centre approved to offer this qualification, please complete the 'Centre Application Form' which can be found on our website in the Qualifications and Training section. If you are already an approved centre, please complete the 'Add an Additional Qualification Form' which can be downloaded from the Centre area on the website [www.rsph.org.uk](http://www.rsph.org.uk). Please ensure that you include details of your quality assurance procedures. You will need to attach representative CVs to this application. Please contact the Qualifications Department at [centreapproval@rsph.org.uk](mailto:centreapproval@rsph.org.uk) if you need any assistance.

## Reasonable Adjustments and Special Considerations

Centres that have candidates who require reasonable adjustments or special considerations should consult The Society's Reasonable Adjustment and Special Consideration Policy; this is available from RSPH and the RSPH web site ([www.rsph.org.uk](http://www.rsph.org.uk)).

## **Recommended Qualifications and Experience of Tutors**

RSPH would expect that tutors or facilitators have teaching experience and a Level 3 or above qualification in a relevant subject area. However, it will consider experienced practitioners who supervise staff in the workplace and who have appropriate background knowledge to deliver this qualification. Centres should be registered with RSPH.

### **Other Information:**

All RSPH specifications are subject to review. Any changes to the assessment or learning outcomes will be notified to Centres in advance of their introduction. To check the currency of this version of the specification, please contact the Qualifications Department or consult the RSPH website.

Any enquiries about this qualification should be made to:

The Qualifications Department,  
Royal Society for Public Health,  
John Snow House  
59 Mansell Street,  
London  
E1 8AN

Tel. 0207 265 7300  
[www.rsph.org.uk](http://www.rsph.org.uk)  
Email: [examinations@rsph.org.uk](mailto:examinations@rsph.org.uk)