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## **Level 2 Award for Encouraging Creative Activity**

**October 2024**

**Guided Learning Hours: 6 hours**  
**Total Qualification Time: 10 hours**

**Ofqual Qualification Number: 610/4898/7**

### **Description**

This qualification is for individuals who want to help their peers to engage in creative activity, in order to support their health and wellbeing. The objective of the qualification is to develop the competence required to encourage individuals to increase their participation in creative activity.

The qualification enables learners to understand the impact of creative activity on health and wellbeing and the factors that can influence an individual's participation in creative activity. It supports learners to develop the skills to encourage someone to increase their level of creative activity, and to design a creative activity and evaluate its impact.

The qualification is aimed at all individuals within the wider public health workforce, with an interest in encouraging creative activity and supporting the health and wellbeing of others.

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## Unit YHC 11 Encouraging Creative Activity

Guided Learning Hours: 6

Total Qualification Time (TQT): 10

Unit Level: 2

Unit Number: K/651/3827

### Summary of Learning Outcomes

To achieve this unit a candidate must:

1. **Understand the health benefits of creative activity, by being able to meet the following assessment criteria:**
  - 1.1 Describe **THREE** effects of creative activity on health and wellbeing
  - 1.2 Identify **THREE** types of creative engagement that can impact on health and wellbeing
  - 1.3 Outline ways in which creative activity can fulfil the Five Ways to Wellbeing
2. **Understand factors that influence an individual's engagement with creative activity, by being able to meet the following assessment criteria:**
  - 2.1 Outline **THREE** social factors that may positively or negatively influence an individual's participation in creative activity
  - 2.2 Outline **THREE** individual-specific factors that may influence an individual's participation in creative activity
3. **Know how to encourage individuals to increase their level of creative activity, by being able to meet the following assessment criteria:**
  - 3.1 List **THREE** organisations and places where creative activity for health can take place, including at least one in your locality, and outline the opportunities involved
  - 3.2 Describe **THREE** ways by which an individual could be encouraged to develop their participation in creative activities
  - 3.3 Identify approaches to overcoming barriers to accessing creative activities
4. **Understand how to design a creative activity for your peers, by being able to meet the following assessment criteria:**
  - 4.1 Describe how to identify creative activities that appeal to your peers
  - 4.2 Outline factors to consider when designing an activity that is open and accessible to your chosen audience
  - 4.3 Describe how to identify and work with local individuals, organisations or services in the design and delivery of the activity
  - 4.4 Describe how to support the delivery of the activity

**5. Understand how to evaluate the delivery of a creative activity, by being able to meet the following assessment criteria:**

- 5.1 Assess the strengths of the delivery
- 5.2 Identify what could be improved in the delivery of the creative activity

## Assessment

Attainment of the Learning Outcomes for this qualification is by a portfolio of evidence or workbook. Centre assessment decisions will be subject to scrutiny by RSPH.

RSPH has developed a **Learner Workbook** for assessment evidence that centres can use directly. Centres can also modify the workbooks to suit their own particular requirements, subject to prior approval from RSPH. The application form for centre devised assessments is available via the Centre Area.

If **Portfolio Evidence** is chosen as the assessment method, please use the Portfolio Assessment Summary forms for each unit along with the Portfolio Front Sheet and attach to the portfolio.

These materials are available from **Resources** in the Centre Area of the Qualifications section of the RSPH web-site ([www.rsph.org.uk](http://www.rsph.org.uk)).

## **Centre Guidance**

### **Registration of Candidates:**

Candidates must be registered with RSPH and have a candidate number before any work can be submitted for scrutiny.

Candidate registration forms can be downloaded from the Centre Area of the Qualifications section of the RSPH web-site ([www.rsph.org.uk](http://www.rsph.org.uk)).

### **Submission of completed candidate portfolios and workbooks**

Centres should follow the RSPH procedures for submitting internally assessed work for external verification. These can be found under **Resources** in the Centre Area of the Qualifications section of the RSPH web-site ([www.rsph.org.uk](http://www.rsph.org.uk)).

### **How to apply to offer this qualification**

To become a centre approved to offer this qualification, please complete the 'Centre Application Form' which can be found on our website in the Qualifications and Training section. If you are already an approved centre, please complete the 'Add an additional qualification form' which can be downloaded from the Centre area on the website [www.rsph.org.uk](http://www.rsph.org.uk). Please ensure that you include details of your quality assurance procedures. You will need to attach a CV to this application. Please contact the Qualifications Department at [centreapproval@rsph.org.uk](mailto:centreapproval@rsph.org.uk) if you need any assistance.

### **National Occupational Standards**

The qualification has been mapped to the following National Occupational Standards of Skills for Health:

HT2 Communicate with individuals about promoting their health and wellbeing  
HT3 Enable individuals to change their behaviour to improve their own health and wellbeing.

Further details of these National Occupational Standards can be obtained from RSPH Qualifications.

### **Special Assessment Needs:**

Centres that have candidates with special assessment needs should consult The Society's Reasonable Adjustment and Special Consideration Policy; this is available from RSPH and the RSPH web site ([www.rsph.org.uk](http://www.rsph.org.uk)).

## **Progression**

Learners who achieve this qualification can progress to the following qualifications:

RSPH Level 2 Award in Understanding Alcohol Misuse  
RSPH Level 2 Award in Encouraging physical activity  
RSPH Level 2 Award in Encouraging a Healthy Weight and Healthy Eating  
RSPH Level 2 Award in Understanding Sexual Health  
RSPH Level 2 Award in Supporting Smoking Cessation  
RSPH Level 2 Award in Understanding the Misuse of Substances  
RSPH Level 2 Award in Understanding Emotional Wellbeing  
RSPH Level 2 Award in Understanding Health Improvement

## **Recommended Qualifications and Experience of Tutors**

RSPH would expect that tutors have teaching experience and a qualification in a relevant subject area, but recognises that experienced teachers can often compensate for a lack of initial subject knowledge, or experienced practitioners for a lack of teaching experience.

## **Other Information:**

All RSPH specifications are subject to review. Any changes to the assessment or learning outcomes will be notified to Centres in advance of their introduction. To check the currency of this version of the specification, please contact the Qualifications Department or consult the RSPH website.

Centres must be registered with RSPH.

Any enquiries about this qualification should be made to:

The Qualifications Department,  
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